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The Mission Statement

The mission of the Center for Independent Living of Central Pennsylvania is to eliminate and prevent barriers that people with disabilities experience by providing ongoing advocacy and offering innovative programs and services.

Our Vision

The Center for Independent Living of Central Pennsylvania envisions a society where persons with disabilities are empowered to fully exercise their rights and fully participate in all walks of life that will enable them to Live Well.

The Center for Independent Living of Central Pennsylvania (CILCP) is committed to providing services, making referrals and taking employment actions without regard to age, ancestry, color, disability, national origin, race, religious creed, sex, veteran status or any other characteristic protected by applicable federal, state or local laws or ordinances.
Greetings,

I am excited about the 2016 annual report! CILCP has many successes to report, so take a moment to read about them.

We are thrilled to be celebrating 28 years of serving the community and even more thrilled about upcoming ways to serve you better.

Can you imagine a community of people without stigma? Well, we can and we are doing things to change attitudes. For example, in 2017, CILCP will be launching Living Well Transport Services, an accessible and affordable on demand taxi service. We will be expanding Home Modifications for Living Well and even expanding our long term supports and services to live well.

CILCP is also identifying and supporting other community agencies that practice the Live Well Philosophy, such as Living Well Your Way, providing service coordination your way and HomeCare for Living Well, providing agency home care your way!

Again, we are thrilled to be serving the community and look forward to working with you!

Theotis W. Braddy, MSW
Chief Executive Officer
It has been an exciting year for the Center for Independent Living of Central Pennsylvania as our strategic planning from 2015 begins to bear fruit. In 2016, we met our goal of positioning ourselves to become an invaluable resource of the provider network of any managed care organizations that serve our region. We essentially provide programs, support, advocacy, and various services for all people with disabilities to be able to thrive within their community. Here are a few of our new and innovative programs and services:

- **Home Modifications**: We are proud that our Home Modifications program oversees your home renovation project from start to finish. From an in-home assessment to following up with contractors, you can be assured that you receive quality modifications that will enable you to live well in your own home for as long as you choose.

- **Transportation**: We have a lift-equipped vehicle — and not just any vehicle. Our MV-1 is designed and built to be accessible from the ground up, and so is more spacious than most modified vans would be. Soon we will be rolling out more information on our Living Well Transport Service.

- **Personal Assistance**: Home Care for Living Well, has become a LLC and separate from the Center. It is serving more people than ever before, in their own homes and in the way they direct.

Our board and our staff are dedicated to helping people with diverse disabilities in our region to live the lives they choose, ensuring they live well and fully.
Dear Friends and Colleagues,

To you and those of you who have moved on and those who are no longer with us, I owe a deep debt of gratitude. You allowed me to be part of your group. You asked my opinion. You incorporated my advice. In short, you made me feel significant. For one who began life as a total failure—a state created and promulgated by my father—I struggled for years to be part of a peer group, and you let me in. You accepted me. Thank you.

I do not know how to thank you for the ultimate validation of my life. All I really wanted was to be made president emeritus, but I never dreamed of receiving all those mementoes and hearing so much approbation. At times, I was sure you were talking about someone else. As you observed, I truly cannot cope with being praised and complimented. For me it is a love/hate thing in that I love to hear all those beautiful words of approval, but I thoroughly hate what they do to me. Maybe when I get older, I will be able to handle compliments better.

The honors you bestowed on Gladys and me, 2 April 2016, still catches in my throat when I try to tell friends what you did for us. Often, I need to call Gladys to finish what I cannot. We deeply appreciate your kindness and generosity. We cannot say what means the most to us, but for Gladys and me to be named The Father and Mother of CILCP is a most humbling honor we will always cherish.

I am extremely proud of what you have accomplished over the past quarter-century. We have endured some major adversity, but you never gave up. Our special place in the Independent Movement—local, state, and national—is rock solid. I am most pleased with your path forward. As I see it, you are on strong footing. Now I am anxious to see what you will accomplish during the next quarter-century.

Sincerely,

Tucker Hill, President Emeritus
CILCP Board of Directors
26 February 2017
2016 was a year of tremendous growth for DBLWS! In March of 2016, one training was held in Bloomsburg for new Support Service Providers (SSP). A total of 19 persons were trained of which 18 followed through with the vetting process. A second SSP training was held in Harrisburg in November where an additional 18 people were trained of which 17 followed through with the vetting process.

In 2016 DBLWS matched 38 consumers with Support Service Providers for a total of 497 activities totaling 2,012.25 SSP hours for the year.

A total of 55 Support Service Providers worked directly with consumers who were DeafBlind to assist with activities such as food and clothes shopping, purchasing personal care items, banking, doctor and other medical appointments, community meetings, social interactions, visiting local fairs, festivals, amusement parks, sport games, and exercising. DBLWS staff trained a total of 30 consumers on how the program works, how to request services, how to work with their SSPs, how to manage their hours, resources, other state services, and advocacy.

DBLWS program updates were provided at quarterly meetings of the Advisory Committee for the Blind of PA (ACBP), Advisory Committee for the Deaf and Hard of Hearing (ACDHH), Pennsylvania Independent Living Council (PCIL), and the Governor’s Advisory Committee for Persons with Disabilities (GAC). DBLWS also provided presentations and interviews on the Comcast News Makers segment, Burkes County Vision Resources News channel and Luzerne County ARC podcast. DBLWS facilitated a class of interpreting students on DeafBlindness, SSPs, communication methods, and techniques at Bloomsburg University.

DBLWS looks forward to providing services for the next year and the increased awareness the program has provided people who are DeafBlind, the public, and other groups of persons with disabilities!
Health and Wellness Services

In 2016 the Living Well With A Disability Fitness Center provided 22 consumers with range of motion, movement therapy, and strength training. A part-time Fitness Center Attendant was hired. The Fitness Center Director became recertified as CIFT Trainer, ACE recertified, and CPR/AED/FA certified.

SilverSneakers and Silver & Fit continued to be provided twice week, with the continued partnership with Central Penn College to provide a Level 1 Field Work site for Occupational Therapy students.

HomeCare for Living Well

2016 was another exciting year for Home Care for Living Well (HCLW). In 2016 we served 40 consumers and completed a total of 54,511.50 hours of attendant care. In January 2017, Home Care for Living Well separated from the CILCP and became an independent LLC.
2016 proved to be a busy year for Home Modification and Access. CILCP provided 169 home modification services to local Area Agencies on Aging, Dauphin County Mental Health/Intellectual Disabilities (MH/ID), Nursing Home Transition providers, Service Coordination agencies and the Stabler foundation.

The Director of Home Modification serves on the board of Directors for the Dauphin County Affordable Housing Associates. This group has worked with developers to receive funding for three new housing developments in Dauphin County. These will provide additional affordable accessible housing starting in the fall of 2017.

The CILCP submitted a Request for Proposal (RFP) to the Office of Long Term Living to implement a home modification program in two regions of the Commonwealth. The state rescinded the RFP, making no awards for the program.

The Director of Home Modifications continues to work with the ADA Leadership Network and maintains Aging in Place Specialist and Environmental Access Consultant certifications.
The Independent Monitoring for Quality Program is an independent program contracted with 3-Administrative Entities or 6-Counties (Cumberland/Perry, Dauphin, Huntingdon, Mifflin and Juniata) to conduct Quality of Life Surveys to individuals with Intellectual Disabilities. The program was established through the State Office of Developmental Programs.

In 2016 we said farewell to our long standing Program Coordinator, Suson Akakpo-Martin as she moved on to start a separate independent Service Coordination agency, Living Well Your Way. We welcomed Kathy Reisch as our new IM4Q Coordinator in July 2016.

In summary, IM4Q surveys were completed with 290 consumers: 153 for Dauphin, 79 for Cumberland/Perry and 58 for Huntingdon, Mifflin and Juniata counties.

A gentleman being surveyed indicated, “He would like to go on more vacations”. After further discussion with his team it was determined that he would like to go to the library more. His support staff helped him to plan to go to the library more frequently and get a library card. Sometimes going on vacation may mean being able to get out in the community more often.

One individual indicated during her survey that “She would like to garden.” She attends Hope Springs Farm and with this request she has been able to determine that she likes to plant seeds in the greenhouse and the garden.

Another individual said during her survey “I would like to volunteer at CATRA, Susquehanna Service Dogs or PA Food Bank.” She has been able, with a support person, to volunteer monthly at Susquehanna Service Dogs and at their events. She has been happy with this volunteer choice and enjoys this volunteer opportunity.

A sign of quality noted during a survey: a woman who has worked at the same business for quite a few years was proud to share this accomplishment and that she has a job like other people.
In 2016 it was determined that there was a need to restructure the Living Well Services. As a result, during the fourth quarter of the year, job descriptions were revised and we hired a new Living Well Specialist, a Nursing Home Transition Specialist and a Community Resource Specialist. 2016 showed that Living Well Services assisted a total of 181 consumers throughout the year to acquire needed durable medical equipment and personal assistant services.

Eighteen consumers were transitioned from nursing homes across 10 counties. One consumer had spent most of her life in nursing facilities in two different states. She needs complete assistance with every activity of daily living as well as verbal communication. Through our services she was able to move into an apartment with her sister. She now has her own room in their apartment and communicates her satisfaction with her laughter and other nonverbal cues.

We had a great year in advocacy! The grassroots advocacy group, Wheels In Motion (WIM) was successful in advocating to work with Capital Area Transit (CAT) to improve rides for people with disabilities by establishing the CAT Persons With Disabilities’ advisory group. This group developed and implemented a rider satisfaction survey which gave the shared ride service provider direction as to where to begin service improvements. At some point CILCP staff discontinued participation in this group due to a deep philosophical difference (consumers must be equals at the table).

“I wanted to let you know what a wonderful and caring person --- is.

Since I have had the pleasure of knowing her, she has consistently gone above and beyond what I feel she is required to do. She is knowledgeable, dedicated and compassionate and it’s been a wonderful experience working with her. She truly cares about her clients and works tirelessly navigating the various resources available thereby enabling them to live the best life they are capable of.

I am so grateful for her hard work and dedication to my family. She is exceptional!!”
Staff initiated the “Nothing About Us Campaign” in the City of Harrisburg along with two disability rights attorneys. The purpose of the campaign was to encourage the City of Harrisburg and surrounding areas to remove physical barriers that prevent citizens with disabilities from full participation.

After a designated picture/evidence day with several CILCP staff and volunteers capturing pictures of inaccessibility in Harrisburg, a rally was held at the City Council meeting. From that event City staff initiated a meeting with the Mayor. As a result of these activities:

• A city employee was named as ADA Coordinator.

• Staff worked with the ADA Coordinator to provide her with resources and networking opportunities at the ADA Update Conference in Baltimore.

• Harrisburg City staff are now working on a transition plan with consultants, their webpage has been updated, and they are developing an advisory committee of people with disabilities who live in the City.

Continued on next page
At the state level, Living Well staff and advocates acquired a policy clarification that has been nine years in the making! “Direct Care Worker Non-Skilled Services Exceptions Clarification”, will allow agency direct care workers to demonstrate that they can provide a number of services that had previously only been approved to be performed by nurses under the Nurses Practices Act, such as bowel and bladder routine services.

In addition to systems advocacy, CILCP provided individual advocacy. Staff successfully advocated for a man, who has multiple disabilities, mental and physical, to acquire an apartment. They advocated for him to have a healthy living environment and tried to get mental health case management to support him in the community, but was denied. Staff have taken on the responsibility of the mental health case management until he becomes stable with more informal supports. His sister has expressed their appreciation to the staff person for her dedicated commitment.

Staff provided outreach and training at cross-disability events and served on different committees at state and local levels that is cross-disability. Examples: PA Department of Human Services, Managed Care Long Term Services & Supports Committee, local transportation (CAT) advisory, ADAPT, Brain Injury Association, Housing Authority meetings, Local Housing Option Team meetings, Charcot-Marie-Tooth Association (staff person is local chapter president), and multiple social media contacts.
Specialized Services

Specialized Services for Persons with Other Related Conditions are designed to allow persons residing in nursing facilities to acquire, maintain or improve skills necessary to live with as much independence as possible.

Services may include assistance with transitioning to the community from the nursing facility. Specialized Services may include Service Coordination/Advocacy; Peer Counseling/Support Groups; Training; Community Integration Activities. CILCP is contracted with the Pa Department of Human Services and Office of Long Term Living to provide Specialized Services for 2016. Meetings were held with 121 individuals to discuss available services. Six Service coordinators provided services to 325 program participants state-wide.

The Exceptional Durable Medical Equipment Grant Program interviews referred individuals to determine if the resident requires extraordinary and expensive medical equipment. An Exceptional DME grant authorizes additional funds to nursing facilities enrolled in the Medical Assistance program to cover the costs of the required equipment which is specifically adapted to the individual’s needs. Six Peer Counselors interviewed 2100 program participants in 2015/2016.

Fifteen individuals received durable medical equipment through the program. Covered equipment includes manual and power chairs, augmentative communication devices and fluidized beds.
2016 Board of Directors

Vini Portzline, President
Craig Bachik, Vice President
Ann Keiper-Smith, Treasurer
Josie Byzek, Secretary

David Gates
David Reager
Diana Deeley

Angela Wiley
David Henriques

Management Staff

Theo Braddy, Chief Executive Officer
Janetta Green, Chief Operating Officer
Marilyn Zarreii, Chief Financial Officer

CILCP Staff

Pictured L-R:
Marilyn Zarreii, Theo Braddy & Janetta Green
2016 Staff

Suson Akakpo-Martin, IM4Q Coordinator until 7-16
Seth Ambrose, Living Well Specialist
Linda Arguedas, Director of Administration
Pam Auer, Director of Living Well
Gabby Boyd-Chisholm, Community Resource Specialist
Margo Brown-Pinder, Services Supports Coordinator
Patricia Burke-Dawson, Accounting Supervisor
Theresa Carrera, NHT Coordinator
Jim Cavanaugh, Accounting Clerk
Robert Clapp, Assistant Director of Specialized Services
Marsha Drenth, DeafBlind Living Well Program Manager
Erin Gaul, Living Well Specialist
Jodie Gaul, Health & Wellness Attendant
Julia Gerrity, Home Care for Living Well Specialist
Brittany Hall, Home Care for Living Well Program Manager
Kaori Kelly, Nursing Home Transition Specialist
Madeleine McMahon, Services Supports Coordinator
John O’Rourke, Services Supports Coordinator
Tabitha Plummer, Home Care Administrative Assistant
Jesse Swoyer, Director of Health & Wellness
Yolanda Quinones, Services Supports Coordinator
Kathy Reisch, IM4Q Coordinator
Shaun Robinson, Services Supports Coordinator
Lynn Stewart-Kreiger, Director of Home Modifications
Ann Talbot, Director of Specialized Services
Ben Williams, Administrative Assistant
Ellen Winters, (A4TD) Associates for Training & Development Participant
Cindy Young, Subsidiary Accounting Liaison

Home Care Attendants

Brenda Adams  
Charity Ahawonu  
Darrell Anderson  
Debbie Anderson  
Henry Anderson  
Annette Balkcom  
Lorraine Balsamo  
Jasmine Beaver  
Keith Bentz  
Roseann Bernardo  
Louise Bracey  
Asyah Brown  
Antoinette Burney  
Diana Byrd  
Teyona Cannaday  
Ikea Carroll  
Koren Carroll  
Gail Coles  
Mindy Cook  
Patricia Cugini  
Teresa Delong  
Bobbie Jo Drake  
Aja Edmonds  
Heather Elliot  
Charlie Ewing  
Jessica Frank  
Amber Fulkroad  
Brenda Fultz  
Calvin Gilchrist II  
Lisa Gilchrist  
Nancy Gonzalez  
Dylan Henderson  
Jawwna Henderson  
Ronald Henderson  
Katana Herman  
Jonnet Hollins  
Roderick Hood Jr.  

Cassondra Hoover  
Natasha Hoover  
Agnes Itunga  
Shakea Johnson-Mosley  
Teresa Keffer Deflores  
Stephanie Keffer  
Kathryn Keiper-Smith  
Jennifer Lane  
Towana Lewis  
Courtney Lord  
Stacey Lynn Marino  
Nanthley Martinez  
Sandra Mathurin  
Josephine Menounga  
Monica Mosley  
Teclaire Ngayo  
Carol O’Brien  
Lynda Ogden  
Jeanine Petroff  
Rebecca Petroziello  
Edward Proctor  
Makayla Reisinger  
Starr Rice  
Cami Rider  
Jerel Robinson  
Sandra Segarra  
Darcy Shultz  
Cindy Lou Snyder  
Emaline Snyder  
Betty Jean Strawbridge  
Linda Van Til  
Helen Vaughan  
Tonja Watson  
Kimberly Whelan  
Brenda Williams  
Amanda Lynn Wisman  
Kelly Yontz
Highmark Walk Fundraiser

The Highmark Walk for a Healthy Community is an annual fundraising walk that benefits local health and human service agencies.

The primary goal of the walk is to help participating organizations raise money for their individual missions by joining a walk in Erie, Pittsburgh, Johnstown, Harrisburg, Lehigh Valley, Pennsylvania or Wilmington, Delaware.

Most locations feature a 5K Walk beginning at 9:00 am and a one-mile Walk starting at 9:15 am. Events are held in May and June each year.

In May of 2016 the Center for Independent Living of Central Pennsylvania raised $20,000.00 through the Harrisburg Highmark Walk.
## 2016 Financial Information

### REVENUE

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<td><strong>Total Revenue</strong></td>
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### EXPENSES

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<td>Supporting Services</td>
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<td>Management &amp; General</td>
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<td>$ 90,577</td>
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</table>

CILCP is a 501(c)3 organization. The official registration and financial information of the CILCP may be obtained from the PA Department of State by calling toll free within PA, 1-800-732-0999. Registration does not imply endorsement.
Vincent Carl Portzline 29, of Harrisburg, died Saturday, January 21, 2017 in Levittown, PA.

Vincent was born in Harrisburg and was the son of Carl and Vincenza Portzline of Harrisburg. He attended Central Dauphin High School. He loved music and played in a band.

He was a former Support Tech with the Center for Independent Living. Vincent is survived by in addition to his parents, his adoring and beloved grandparents, several aunts, uncles and cousins and friends.

“He was the light of our life. His sense of humor will be missed. In his memory please reach out to people who are struggling and if you are struggling please seek help. ‘You must move to Love. Finish your Story, for Mine was told.’ ”

(The Portzline Family)
## 2016 Financial Information

### SUPPORTING SERVICES

<table>
<thead>
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<th>Service</th>
<th>Program Services</th>
<th>Management &amp; General</th>
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<td>Travel</td>
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</table>

**TOTAL EXPENSES**  
$ 2,942,891 $ 247,203 $ 4,785 $ 3,194,879

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2016 Financial Information

- Grant & Contract Revenue
- Registration & Program Fees
- Donations
- Restricted