

WHAT DOES LIVING WELL WITH A DISABILITY MEAN TO YOU?

Perhaps it's being able to cook a big meal for your family, play baseball with your kids, obtain employment, or drive your first accessible van. Or maybe you dream of playing competitive sports, flying a plane or climbing a mountain. Regardless of your goals, the *Living Well With A Disability* program was developed to open the doors to new opportunities and resources that you may not have envisioned. It has been established by people with disabilities, for people with disabilities to achieve goals, meet challenges, fulfill dreams and ultimately live well.

Center for Independent Living of Central PA
207 House Avenue, Suite 107
Camp Hill, PA 17011

The *Living Well With A Disability* program is offered by the Center for Independent Living of Central PA (CILCP). CILCP is a non-profit organization that has provided services to people with disabilities since 1988.

This brochure is also available in alternate format.

ARE YOU Living Well?



“We really
are living
well”



POSSIBILITIES
One Call. Countless Resources. Endless Opportunities.

Living Well With A Disability is a free resource for anyone with any type of disability. Calling our hotline can connect you with the service, program or support you need to turn what you envision into reality. From simple requests to comprehensive evaluations, we are the one-stop source for countless resources and endless opportunities to help you live well.

Our no-cost assessments connect you with a qualified, living well specialist, who will conduct a multi-faceted, lifestyle evaluation. The assessment will begin to determine the programs, services and support that are available to you — many of which you may not have known ever existed.

LIVING WELL
WITH A DISABILITY

One Call. Countless Resources. Endless Opportunities.



All aspects of living well with a disability will be considered, including:

- Possible income enhancements
- Housing options
- Transportation
- Medical care
- Personal assistance
- Financial aid
- Adaptive equipment
- Education
- Community access
- Social, recreational and spiritual opportunities
- Employment
- Legal needs
- Nutrition counseling
- Physical fitness program

Just to name a few!

We make every effort to provide you with a specialist who shares a similar disability.

From achieving a small task to accomplishing a life-changing goal, *Living Well With A Disability* is only a phone call away. To begin exceeding your lifestyle expectations, call today!

**1-877-TO-LIV-WELL
(1-877-865-4893)**

www.LivingWellWithADisability.org