



CENTRAL PENNSYLVANIA'S FIRST WHEELCHAIR RUGBY TEAM!

THE GAME

Wheelchair Rugby is a mixed team sport for any athlete. Originally created by athletes with disabilities, it combines elements of rugby, basketball, and handball. Players compete in teams of four to carry the ball across the opposing team's goal line. Contact between wheelchairs is permitted, encouraged, and is an integral part of the sport!

Wheelchair Rugby players compete in manual wheelchairs specifically designed for the sport. Wheelchair Rugby is a Paralympic sport, with twenty-six countries competing in international competition. In the United States there are 40+ registered teams spread from coast to coast.

**OUR SUCCESS IS PREDICATED ON FOUR
MAIN GOALS THAT MUST BE REACHED
SIMULTANEOUSLY AND WE NEED YOUR
HELP!!**

THESE FOUR GOALS INCLUDE:

1. RECRUITING NEW ATHLETES
2. ADEQUATE PRACTICE FACILITY
3. A COMMUNITY OF VOLUNTEERS
4. SUFFICIENT FINANCIAL BACKING

ATHLETES

To be eligible to play Wheelchair Rugby, individuals must have a disability which affects all four limbs. Most players have spinal cord injuries with full or partial paralysis of the legs and partial paralysis of the arms. Other disability groups who play include cerebral palsy, muscular dystrophy, amputations, polio, and other neurological conditions.

Players are assigned a sport classification based on their level of disability; teams must field players with a mix of classification values, allowing players with different functional abilities to compete together.

**IF YOU OR SOMEONE YOU KNOW IS INTERESTED,
PLEASE CONTACT US!!**

PRACTICE FACILITY

Wheelchair Rugby is played indoors on a regulation sized basketball court with a modified volleyball.

We are very excited to announce our intention for the year-round home of our team to be...



75 Champ Blvd, Manheim, PA 17545

VOLUNTEERS

To ensure the success of this Wheelchair Rugby team it is of **ABSOLUTE NECESSITY** to obtain a strong community of volunteers. This ensures that the team not only operates on a weekly basis for practice but also other future functions such as scrimmages, tournaments, demos, and outreach or fundraising opportunities.

THANK YOU FOR YOUR SUPPORT!!

WEEKLY:

Totally dependent on the size of the team, at a minimum, 3 to 4 volunteers will be needed per weekly 3-4 hour practice. These volunteers will be asked to fulfill various tasks including but not limited to:

- packing and unpacking of equipment
- assisting athletes into chairs and help in outfitting necessary gloves, tape and strapping for gameplay
- routine maintenance, repair and replacement of chairs including tire/tube replacement, air pressure, upholstery adjustments, etc
- setting up court, refereeing and clock management
- participating in gameplay! (Paraplegics welcomed!!)

YEARLY:

While not necessary right away, but equally as important, CILCP will need core individuals to help them manage the inner workings and operation of the team. Some examples are:

- **COACH/ASST COACH** – Wheelchair Rugby experience not necessary
- **EQUIPMENT MANAGER**
- **EQUIPMENT REPAIR TECH** –welder
- **VOLUNTEER COORDINATOR** –maintain weekly/monthly volunteer schedule
- **DOCTOR /STRENGTH COACH**
- **TREASURER/ACCOUNTANT**
- **FUNDRAISING COMMITTEE**
- **EVENT COORDINATOR** –demo's, community outreach, tournaments
- **MEDIA RELATIONS**

FUNDING

Wheelchair rugby is arguably the most popular adaptive sport there is, but it also has the distinction of being the most expensive. A team

consisting of all of the best players in the world would still be nothing if there is no financial backing. Operating yearly budgets of up to \$50,000, but that amount can be easily surpassed for developing teams, especially if that team has no rugby chairs. The most successful teams secure yearly sponsors albeit new one's year-to-year or have sponsors that have been with the team since inception. That being said there are plenty of other ways teams find the financing needed to keep their team operational. To better understand these expenses here are some examples:

- Practice Facility - \$10,000/yr
 - 4hr practice/week, year round
- Team Trailer - \$8,000 new
 - \$500/yr for maintenance
- Rugby chair - \$6-9,000/chair
 - 6-8 program chairs for starting team ±\$40,000
- chair maintenance - \$3,000/yr
 - \$300/chair (new or old)
 - Most chairs retire after 5-7yrs
- Tournaments - ±\$12,000/yr
 - ±\$2,000/ tournament
 - Teams participate in 2-6 tournaments/ yr
- Team hosted Tournament - ±\$10,000/yr
 - 8 team tournament (avg)
 - Fees cover facility, referee's, hotels, meals, etc

CILCP & THE PHENOM RUGBY TEAM WILL BE LOOKING FOR NEARLY \$75,000 TOWARDS FUNDING.

FOR ANY INTERESTED ATHLETES, VOLUNTEERS, SUPPORT STAFF, SPONSORS OR GENERAL INQUIRIES, PLEASE CONTACT:

Janetta Green (jgreen@cilcp.org)

Keith Shirk (kshirk@gmail.com)

The official registration and financial information of CILCP may be obtained from the PA Department of State by calling toll free within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement. CILCP is a 501(c)3 nonprofit organization, donations are tax deductible to the fullest extent allowed by the law.

THANK YOU FOR YOUR SUPPORT!!